



The Sara Charlton Foundation is a grant-making charity dedicated to helping victims of domestic abuse and honour-based violence in the United Kingdom. We aim to:

**Save lives** by helping victims of domestic violence and their children escape abusive relationships by funding Independent Domestic Violence Advisors (IDVAs), improving IDVA services on a local and national level, and increasing the legal recourse available to victims.

**Change lives** by focusing on prevention work through teaching 12-18 year olds the importance of healthy relationships in order to break the cycle of abuse.

**Free lives** of those who live in fear of domestic violence and Honour Based violence.

### How are we different?

- We are the only charity that gives solely and directly to the services that help women and children victims of abuse.
- We are a grant-making charity 'with a twist' – we have the expertise and objectivity to analyse the domestic abuse sector, identify gaps in services, and coordinate with grassroots organisations to put our initiatives in place
- We act as a nexus between donors and community organisations, providing direct access to on-the-ground organisations and add value by matching donors' interests to vetted organisations, thus ensuring undertakings are successful.

- Approximately 1 in 4 women will suffer abuse in their lifetime
- Over 500,000 women suffer abuse each year
- At least 750,000 children are affected by domestic violence each year
- At least two women are killed every week by their abusive partners
- More than 66,000 women in the UK have suffered genital mutilation
- An estimated 3,000 forced marriages take place every year
- 500 women who have experienced domestic violence in the last six months will commit suicide every year.

### Who do we fund?

- **Independent Domestic Violence Advisors (IDVAs)** are trained domestic violence workers who deal with the most high-risk cases – cases in which the victim is in danger of serious harm or death. IDVA's liaise directly with the police, social services and courts in order to protect individual victims and their children, as effectively as possible. They save thousands of lives each year.
- **Prevention Workers** are trained to educate children and young adults (male and female) on healthy relationships and the types of domestic violence in order to raise awareness, foster healthy attitudes and break the cycle of abuse.

## What we achieved last year:

Between April 2014 and March 2015, 3626 young people attended our healthy relationship workshops, 248 teaching professionals were trained on domestic violence and 248 victims accessed support with nearly all reporting an increase of safety and wellbeing as a result. We also launched a campaign to effectively criminalise domestic abuse. As a result, on 18th December 2014, the government announced a new offence criminalising patterns of coercive behaviour, controlling behaviour and psychological abuse. On the 3rd March 2015 this became part of the Serious Crime Act 2015.

*I have been fortunate enough to work with The Sara Charlton Foundation for the last 18 months and have been so impressed with their approach to making a difference to the lives of those affected by domestic violence ...I am grateful for the team and want to thank them for everything that they do.*

**Delia Donovan** Head of Children's Services,  
Berkshire East & South Bucks Women's Aid

## Charity of the Year

If we were fortunate enough to be chosen as your Charity of the Year we would work together to ensure that we both would benefit from the partnership. We can offer you:

- A dedicated team to work with you. We can ensure that your contribution goes directly where you want it. Our knowledge and skills means that we can take you through our vetted organisations and can even let you fund your own post (for example a Prevention Worker or an IDVA). In this way you can directly see the effect that your donation has made and can receive analysis on the ways in which your specific post has helped a community.
- Help to raise awareness within your company on domestic violence.
- Support with fundraising events and fundraising materials. We are happy to come in and talk to your employees about what we do and the ways in which they can get involved.
- Access to our high profile events with opportunities to sponsor those events at discounted donation prices.
- Opportunities for your employees to increase their involvement by hosting workshops where they can interact with the IDVAs and Prevention workers themselves.
- Opportunities to get involved with any new programs or initiatives that will offer.

*"Standing Together has been pleased to work with Sara Charlton Charitable Foundation since 2013. At the heart of their funding is the clear desire to improve the journey for women who have experienced abuse."*

**Sally Jackson** Standing Together  
Against Domestic Violence

In a time where these critical services are facing massive cuts, there is an increased need for further funding and training and we hope that you can help us in any way that you can. Please contact Antonia Packard ([antonia@saracharlton.org.uk](mailto:antonia@saracharlton.org.uk)) or Rhea Gargour ([rhea@saracharlton.org.uk](mailto:rhea@saracharlton.org.uk)) for more information.